**Navigation**

• Is the app easy to navigate? have a scale so how would you rate the ease of navigation through the app.

How would you rate the navigation of the app as a whole?

**Effortless** - The app is exceptionally user-friendly; finding features and navigating through sections feels completely natural.

**How would you rate the ease of navigating to the community** **page and the logical flow between pages within the app:"**

**Effortless** The app is exceptionally user-friendly; navigating to the community page and between sections feels completely natural. Transitions are logical and enhance the user experience.

**How would you rate the ease of navigating to the step** **counter page and the logical flow between pages within the app:"**

**Straightforward:** Navigation to the step counter page is simple, with clear signs and minimal barriers. Transitions between pages are logical, contributing to a straightforward experience.

**How would you rate the ease of navigating to the weight tracker page and the logical flow between pages within the app:"**

**Manageable**: While generally easy to navigate, occasionally, guidance or search may be needed to find the weight tracker page or move between sections. If transitions feel disjointed, please specify.

**How would you rate the ease of navigating to the workout page and the logical flow between pages within the app:"**

**Manageable**: While generally easy to navigate, occasionally, guidance or search may be needed to find the weight tracker page or move between sections. If transitions feel disjointed, please specify.

**Visual Design:**

* are the colours chosen appropriate for the fitness app? if no what would like to change about it (follow up question to the top one)

--- Yeah, really the colours used are good and eye catching.

* Are the text legible and easy to understand on all the pages?

--- The text used in the application is easy to understand.

**Content Organization:**

* Does the homepage contain all the features you expect to find and use readily in a fitness app? If no, please share any features you feel are missing or could be made more accessible
* The homepage looks good, but when the I place the cursor on step counter then the navigation button not in same position, make it centralized.

Do you find the transition between the pages in the app to be logical and cohesive? if no, please specify what you would alter?

---yes its very cohesive and navigation is easy.

**Onboarding:**

* How would you describe your experience with the initial setup and onboarding process? Were there any steps that you found particularly helpful or challenging? (Onboarding refers to signing up, logging in and setting up your account)

--The experience is really good mainly the colours, but the forgot password page looks clumsy and text align is not good.

**Accessibility:**

* Do you believe the platform is inclusive to user ranging from 18+ upwards? (give an definition of inclusive) (by inclusive we mean curating an environment that is accessible to all adults irrespective of their age, gender, sexual orientation, ethnicity and fitness levels)

---Yes

* Do you find the screen reader useful??

--yes

* Are there any features or sections of the app that are not fully accessible to you? Please describe."

—I feel in the community page the friend list search is not fully accessible , make it accessible to search friends easily.

* Do you have any suggestions on how we could improve the app's accessibility for users with disabilities?

--- I have no suggestions on this, its better to find the right person.

**Help and Support:**

* Do you think there is enough support provided if challenges are faced?--yes
* Do you know where to go to find help and support information within the app?

—yes settings in the app is very likely to navigate like with clear instruction.

* Were you provided with clear and easy-to-follow instructions to resolve any issues or errors encountered within the app?

---yes app with clear instructions.

**Overall User Experience:**

* If there is one more feature that you like to see in the app what would it be
* Daily report includes water consumption, calories burn, food intake, blood pressure levels, protein intake ..
* Would you recommend this app to someone else? if you said no why not and if yes why would you?

---I would use it every day, especially if the improvements I've suggested are made

* Would you be willing to reuse this app based on the current features available? • if no why not?

---yes, I will be

* Based on our existing features is there anything that you would modify about them?

---Everything’s right there, but I feel the navigation menu size should be reduced, it distracts more .

**Obseravtion**

* Age 25
* Male
* Time taken for observations:

Could you please attempt navigating to the sign up to create an account and register using your personal details?”

* No of clicks- 3 clicks
* Time taken 30 secs

Could you try finding the page where you set up your profile – (so can you try to enter your name and try to set a random weight and height as well as selecting a goal.)

* No of clicks – 3 clicks
* Time taken 50 secs

Could you try to navigate to the setting page?

* No of clicks - 3
* Time taken 20 secs

Observation: Initially searched for settings icon in the homepage and later found it in the profile page

Could you try navigating to the goals section (e.g. step goal and sleep target goals and workout out preferences?)

* No of clicks - 3 clicks
* Time Taken 45 seconds

**Could you try navigating to where you would customize your display preferences and notifications?**

* No of clicks - 5
* Time taken 55 secs

**Could you try to rearrange the order of the icons on the home page?**

* No of clicks - 12
* Time taken 3 min 20 sec

Observation – Find difficult to click on the edit icon tried many times but failed to rearrange the order.

**Could you try finding the page where you can add your preferred sharing social media accounts and navigate back to the home page?**

* No of clicks - 4
* Time taken 20 secs

**Could you try navigating to see your step counter statistics? (we try to see if they go to week month goals)**

* No of clicks – 4
* Time taken 30 secs

Observation: In step counter gone through only day page and not went through week and month page.

**Can you recall any specific features or metrics displayed on the step counter interface?**

For steps page it shows total steps , calories burned and distance.

**Can you try navigating to the community forum and view the streak calendar?**

* No of clicks - 6
* Time taken 1min 40 secs

**Could you try navigating to where you would log a weight in the weight page and view the weight progress?**

* No of clicks – 3
* Time taken 30 secs

**Can you recall any specific features or metrics displayed on the weight page interface?**

**Could you try to navigate to see your sleep statistics?**

* No of clicks – 4
* Time taken 45 secs

**Could you try finding the page to where you would customise your workout plan and to the settings page?**

* No of clicks - 3
* Time taken 20 secs

Observation: Bit of confused about the question and searching for workout plan in the settings page.

**Can you try navigating to where you would sync the app with a wearable device (Wearable technology is any technology that is designed to be used while worn e.g. smart watch)**

* No of clicks – 2
* Time taken 30 sec

**Could you try finding the page where you would enable text to speech?**

* No of clicks – 7
* Time taken 1min 20 secs

Observation- Instead of going to the settings page tried clicking on the text-to-speech icon on the homepage.